

Raga: AbhOgi (S R2 G1 M1 D2 S' - S' D2 M1 G1 R2 S)

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**pallavi**

4                      4                      4                      4  
R - G -              G R S -              S R S S              D, M, D, -  
E - va -              ri - - -              bO - - -              dha - - -

6                      5                      5  
M, D, S D, - S              D, S R G -              M G G R S  
na - - - -              vi - - - -              ni - - - -

6                      5                      5  
R G M G - M              R G S R -              D, S R G M  
I - - - -              lA - - - -              gu - - - -

6                      5                      5  
D M D S' - S'              D S' D M -              G M G R S  
jE - - - -              sE - - - -              vu - rA - -

**anu-pallavi**

3                      3                      3                      3                      4  
S' S' D              D - M              D D M              G - R              G M R G  
ja - -              va - -              mu - -              ga - -              nan - - -

3                      3                      4                      6  
S R G              M - M              D M G R              G M D D S' -  
nE - -              la - -              rA - - -              SE - shA - - -

3                      3                      5                      5  
D S' R'              S' - R'              G' M' R' G' -              M' G' G' R' S'  
cha - -              lE - -              ndra - - -              SrI - - - -

5                      3                      3                      5  
R' G' R' S' R'              D R' S'              S' D M              D M G R S  
ven - - - -              ka - -              TE - -              Sva rA - - -

**muktAyi**

6                      6                      4  
R G M R - G              S R G S - R              S D, M, D,

5                      6                      5  
S D, S R -              R G S R M -              D M G R S

6                      5                      5  
R G M G - M              D M D S' -              R' G' S' R' G'

3                      5                      3                      5  
M' G' R'              G' - R' S' D              R' S' -              D M G R S

## charaNam

4 M - D M ma - ru -	4 D - - - bA - - -	4 D S' D M A - - -	4 D D S' - ri - - -
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6 D S' D D M - kO - - - rva -	5 G M G R S jA - la - -	5 R G S R G nu - rA - -
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## chiTTa svara #1

6 M - - - -	4 D - M -	4 D - - -	4 S' - D -
4 M - - -	4 G - R -	6 S - R - G -	

## chiTTa svara #2

6 M D S' D - M	5 D M G R -	5 G M G R S
3 D, S -	6 R G M D S' -	7 D M G R S R G

## chiTTa svara #3

6 D S' D M G R	7 G M D M G R G	
8 S R S R G M D S'	6 R' G' R' S' D M	5 G R S R G

## chiTTa svara #4

6 S - - S' - S'	5 R' G' S' R' -	5 R' S' D M D
3 S' - -	6 S' D R' S' D -	7 S' D M - G R S
6 R G M D - S'	5 R' G' M' R' -	5 G' R' S' D S'
6 R' S' - D M D	6 S' D - M G R	4 S - R G

## Voice/laya training with varnam

Five sounds: svara, sAhitya, ng (sphenoid-ethmoid), hA-T (throat), hA-B (base)

Five speeds: tAla medium-speed 2/4 per beat, metronome slow-speed @40 BPM - 2/4/8 per beat

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Exercise #1 Variations: {svara, ng, hA-T, hA-B} {1/2 @40BPM} Gamaka: Slide

S R	S R	R G	R G	G M	G M
M D	M D	D S'	D S'		

Exercise #2 Variations: {svara, ng, hA-T, hA-B} {1/2 @40BPM} Gamaka: Slide

S R G	S R G	R G M	R G M
G M D	G M D	M D S'	M D S'
S' D M	S' D M	D M G	D M G
M G R	M G R	G R S	G R S

Exercise #3 Variations: {svara, ng, hA-T, hA-B} {1/2/4 @60BPM} Gamaka: Plain

3	3	2	4	4
1 S R G	S R G	S R	S S R R	G G M M
2 R G M	R G M	R G	R R G G	M M D D
3 G M D	G M D	G M	G G M M	D D S' S'
4 S' D M	S' D M	S' D	S' S' D D	M M G G
5 D M G	D M G	D M	D D M M	G G R R
6 M G R	M G R	M G	M M G G	R R S S

Exercise #4 Variations: {svara, ng, hA-T, hA-B} {1/2 @40BPM} Gamaka: Slide

S R S G	R G R M	G M G D	M D M S'
S' D S' M	D M D G	M G M R	G R G S

Exercise #5 Variations: {svara, ng, hA-T, hA-B} {1/2 @40BPM} Gamaka: Slide

1 S R S G	R G R M	S M G R	S R G M
2 R G R M	G M G D	R D M G	R G M D
3 G M G D	M D M S'	G S' D M	G M D S'
4 S' D S' M	D M D G	S' G M D	S' D M G
5 D M D G	M G M R	D R G M	D M G R
6 M G M R	G R G S	M S R G	M G R S

Exercise #6 Variations: {svara, ng, hA-T, hA-B} {1/2/4 @60BPM} Gamaka: Plain

1 S R G M G R	S R G R	S R G M
2 R G M D M G	R G M G	R G M D
3 G M D S' D M	G M D M	G M D S'
4 S' D M G M D	S' D M D	S' D M G
5 D M G R G M	D M G M	D M G R
6 M G R S R G	M G R G	M G R S