

# Earth Changes: What to do Now?

Summary of the presentation given by Ashok on June 13, 2009

For centuries, humans have been entangled inside an *emotional web* of fear and attachment. The life is being directed by *money*, and the primary focus has been acquisition of *money* (for *needs* of self and the members of *biological family*). If you believe that the life based on emotional web and money is perfect, or if you believe that you are a helpless creature, then you can continue your old life and hope that everything will be alright.

Here is my story. A large group of beings descended onto the earth to co-create a new reality based on harmony. These beings call themselves lightworkers. They have awakened to their purpose, realized the power of their thought, liberated from the emotional web, formed a harmonious partnership with the cosmic mind and the earth, and intensely focused on transforming earth into a golden planet. Needless to say, I am one of them. We are expressing ourselves to wake up our galactic friends who are still sleeping. I know that Sadhana School community is primarily composed of lightworkers, a few awake, but most still asleep.

You can make a conscious choice now to become a lightworker and contribute to the co-creation of golden earth. For the sake of argument, even if the golden earth doesn't manifest, you will still win - you will learn the art of joyful living. Becoming a lightworker is a win-win proposition. I would say, go for it! You have nothing to lose, other than fear. You have everything to gain, including joy.

## Five Principles

The process of becoming a lightworker is based on *enchantment*, the essence of bhakti yoga. Here are the five principles:

1. Enchantment as the primary focus
2. Passion (of creative arts) as the life director
3. Harmonious partnership between human mind (Arjuna) and cosmic mind (Krishna)
4. Harmonious partnership with the earth
5. Galactic community as the family

## Four Actions

Here are the actions that you can take right now.

*Action 1: Pursue a creative art based on your passion with enchantment as the goal.* Understand that the creation arising out of enchantment has the power to attract people and inspire them to learn. Allow money to be the by-product of your creation. This money will not bind you. Note the symbolism of Lakshmi (wealth) at the feet of Narayana (enchantment).

*Action 2: Start listening and following the direction of the all knowing cosmic mind,* your inner voice. How do you know that a thought is coming from the cosmic mind and not your human mind? You can give a simple test. Contemplate on that thought and create a dream related to that thought. If you feel enchanted, then it is coming from the cosmic mind. If you feel nothing or if you feel constricted, then it is coming from the human mind. This is an art. As you practice, you will become better at it.

*Action 3: Explore a few regions in USA and/or India* which are at an elevation, away from water bodies, in a peaceful state. Based on the magnetic attraction and feeling of enchantment, you can determine the places which are harmonious with your body. Don't think of moving now. Wait for the direction from the cosmic mind. If you are exploring in USA, I recommend you to include Albuquerque, New Mexico, the land of enchantment.

*Action 4: Extend the idea of your family from biological family to galactic family that includes all beings of all forms and dimensions, including planets, stars, gods and goddesses.*

## **Four Stages of Evolution**

The process of becoming a lightworker will take you through four stages of evolution.

*Stage 1 - Enchantment:* You form a harmonious relationship with your own self. The celestial vibrations of enchantment will start dissolving your emotional web. Some of your family members may react to the *new you*, expressing fear, anger and frustration. Allow them to express themselves with the understanding that the enchantment vibrations have the power to dissolve their emotional webs as well. You can offer your wholehearted support for them to pursue their passions with enchantment as their goal.

*Stage 2 - Liberation:* The harmonious relationship with your own self strengthens and you liberate from your emotional web. Emotional dramas between you and your family members will dissolve and there will be peace within you and around you.

*Stage 3 - Enlightenment:* You live as a member of the galactic family. The harmonious relationship with your own self extends to the galactic family that includes the earth. You will start experiencing abundance in your life. Your experience of enchantment starts manifesting whatever material things you desire for joyful living. You will experience a radiant youthful body free of disease.

*Stage 4 - Ascension:* You experience your self as the infinite Self that includes the galactic family, which includes the earth and the humans, which includes your biological family. As this experience deepens, the body prepares for ascension (transmutation of physical body into pure energy). You can manifest an immortal body and related celestial abilities such as teleportation and precipitation (creation of matter out of thought).

## **The Future as I Envision**

The first batch of the awakened lightworkers are now moving from the third to the fourth stage. Yes, there are millions of enlightened beings on the planet at this moment. Once a critical mass of lightworkers anchors in the fourth stage, the golden age will begin. This is my vision and my dream. A mere thought of this future takes me into a state of enchantment. Thus, I know, it is manifesting - it is part of the cosmic plan.

It was quite challenging for the first batch to evolve, since they had to do it on their own, with no living role models. They chose to be the wayshowers (ones who lead the way), and they fulfilled the purpose of their incarnation. The most difficult part is done. As they move into the fourth stage of evolution, the tangible proof of upcoming golden age will be clearly established.

It is quite simple for the second batch to evolve, since the path has already been prepared by the first batch. The third batch, primarily composed of crystal kids, would evolve at the blink of an eye. There are all here, just waiting for the right moment. Once that happens, earth will make a dimensional shift.

Dear galactic friends, wake up and celebrate the golden future, now. It is far better to live in the imaginary golden future and experience enchantment (just like little kids do), instead of living in the crappy past and experiencing fear. Both are equally real. You can choose to live differently, now. The choice that you make today will have a profound effect on you and the earth.