

# The Play of Multi-Dimensional Feminine and Masculine Energies

Written by Ashok Kumara (Seattle, USA)

June 12, 2008

This world is a play of multi-dimensional feminine and masculine energies. When you understand the nature of these energies, you will have the knowledge to stop experiences you do not wish to manifest and redirect your life to manifest new experiences.

## Six types of Energies

Here is the list of six types of energies and their associated experiences.

- **3D Feminine:** Physical surrender, dependence, clinginess, possessiveness, lack of direction and lack of responsibility.
- **3D Masculine:** Physical independence, responsibility, 3D logic, structure, planning, discipline and will power.
- **4D Feminine:** Emotional dependence, emotional drama, attachments and expectations.
- **4D Masculine:** Emotional independence, domination and power control.
- **5D Feminine:** Flowering of innate intelligence, intuition, effortless learning, dynamic movement, abundance, harmony, creativity, beauty, spontaneity and enjoyment.
- **5D Masculine:** Stillness, tranquility, clarity, eternal witness, contemplation and 5D logic (refer to the article "Applying 5D Cosmic Laws for Accelerated Evolution").

Feminine and masculine energies oppose each other in 3D and 4D.

In 5D, the feminine and masculine co-exist harmoniously.

## Categories of People on the Earth

The earth is primarily controlled by a set of powerful 4D Masculine masters - corporations, governments and religious/spiritual leaders.

Most people on the earth express 4D Feminine along with 3D Feminine or 3D Masculine. All of them are victims who allow themselves to be controlled by family members, corporations and religious/spiritual leaders. Especially those with 3D Masculine are the prime targets of corporations and religious/spiritual leaders who like to extract work from employees/seekers for their own benefit.

A few spiritually evolved people, who live as embodiments of immortal light and with feeling of universal brotherhood, express 5D Feminine and 5D Masculine energies. Their life is directed by 5D Feminine and supported by 5D Masculine. Some of them choose to assist people in the evolution process, and they use 3D Masculine to express their multi-dimensional intelligence in the physical world. Even in this case, the 3D Masculine yields to 5D Feminine and operates only to execute tasks systematically in the physical world.

## **A Process for Accelerated Evolution based on activating 5D Energies**

The Key: Allow 5D Feminine to direct your life, supported by 5D Masculine and 3D Masculine. Let go of the remaining energies.

It is important to activate the 3D/5D Masculine support system before activating the 5D Feminine. Isn't it natural to prepare the soil first, before growing a plant? Isn't it natural for a plant to develop the roots, trunk and branches before producing colorful flowers and tasty fruits? If you observe the nature, you will discover a pattern. The masculine develops first and allows the feminine to blossom. It is the feminine that brings beauty and enjoyment. However, without the masculine support, feminine cannot sustain itself. Human life follows the same laws of nature.

### Step 1: Activate 3D Masculine and deactivate 3D Feminine

- Introduce discipline, structure and planning into your life
- Develop independence and let go of physical dependence

### Step 2: Activate 5D Masculine

- Take complete responsibility of your life
- Practice techniques to master your breath
- Practice techniques to sustain long periods of stillness and tranquility
- Focus on efficient and effortless ways of performing daily activities
- Witness your feelings and reactions to internal thoughts and external events
- Understand 5D cosmic laws and contemplate life from 5D perspective (refer to the article "Applying 5D Cosmic Laws for Accelerated Evolution")
- Command your body to rejuvenate, by planting seeds of immortality and perfect health (refer to the article "Keys to Unlock Intuition, Intelligence and Immortality")

### Step 3: Activate 5D Feminine and allow it to direct your life

- Introduce more creativity, beauty and spontaneity in your daily activities
- Create your own joyful reality through lucid dreaming (seek company and inspiration from other dreamers, especially little kids who are the master dreamers)
- Allocate sufficient "deep relaxation" time everyday (try yogic sleep techniques)
- Introduce at least one "new" activity every day
- Follow up with your passions through learning subjects of your interest, especially art forms (focus on effortless learning through direct intelligence download)
- Allow learning based on intuition and experience, instead of external data and analysis
- Allow your deep feelings to lead your life, instead of habits and 3D logic

### Step 4: Deactivate 4D Feminine and 4D Masculine

- Stop playing emotional games with your own self and others, and liberate yourself from the emotional entanglements
- Stop controlling others based on greed for power or your principles of right and wrong