

Raga: mOhana (S R2 G2 P D2 S' - S' D2 P G2 R2 S)

rAmnAD SrInivAsa iyengAr

**pallavi**

4	4	4	4
G - G - ni - nnu -	R - - - kO - - -	S S R R ri - - -	G G R R yu - - -

4	4	4	4
S R G R mnA - - -	S R S D, nu - - -	S R G P rA - - -	G R S R A - - -

6	6	4
G P G G R S ni - - - - -	R G R R S D, khi - - - - -	S R G R la - - -

3	3	5	5
G P G lO - -	P D P ka - -	D S' D D P nA - - - -	G D P G R ya - - ka -

**anu-pallavi**

4	4	4	4
G - G - nan - nu -	P - - - pA - - -	G G P P lim - - -	D D P - pa - - -

5	4	3	4
D S' D D P sa - ma - -	G D P D ya - - -	G D P mi - -	G R S R dE - - -

6	3	3	3	3
G G P P D P nA - - - - -	D S' D mI - -	S' R' S' da - -	G' R' - kri - -	S' D S' pa - -

3	3	4	4
R' S' - jU - -	D P D u - -	S' D - P Da - - -	G R S R rA - - -

**muktAyi**

4	4	6	4
G - R G	R S R -	S R S G R G	S R S D,

3	3	4	4
S R G	R G P	G P D -	P - - -

3	5	3	3	3
G P D	P D S' R' G'	R' - G'	S' - R'	D - S'

3	3	5	4
P - D	S' R' G'	S' - D P -	G R S R

## charaNam

4	4	4	4
G - G - san - nu -	G P G R tA - - ng	R G P G gA - - -	P - P - A - Srl -

6	4	6
G G D D P - ni - - - - -	G G D P I - - - -	G P G R S R vA - sa - - -

## chiTTa svara #1

4	4	4	4
G - - -	R - S -	R - - -	D, - - -
4	4	4	4
R - D, -	S - - -	R - - -	G - R -

## chiTTa svara #2

3	5	3	5
G - G	R G R S R	G - G	P, D, D, S R
3	5	3	5
G - G	G D P G R	G - G	S' D P G R

## chiTTa svara #3

4	4	4	4
P - D D	P - G R	S - R G	R - S D,
4	4	3	5
S - R G	P - D -	S' S' -	D P - G R

## chiTTa svara #4

5	3	4	4
S' - R' G' R'	S' R' S'	D S' D P	G R S R
6	4	6	
S - - - S -	S S R R	G G P P D D	
6	6	6	
S' R' G' R' G' R'	D S' R' S' R' S'	P D S' D S' D	
6	4	4	
G P D P D P	R' S' D P	G R S R	

## Voice/laya training with varnam

Five sounds: svara, sAhitya, ng (sphenoid-ethmoid), hA-T (throat), hA-B (base)

Five speeds: tAla medium-speed 2/4 per beat, metronome slow-speed @40 BPM - 2/4/8 per beat

**Raga: mOhana (S R2 G2 P D2 S' - S' D2 P G2 R2 S)**

Exercise #1 Variations: {svara, ng, hA-T, hA-B} {1/2 @40BPM} Gamaka: Slide

S R	S R	R G	R G	G P	G P
P D	P D	D S'	D S'		

Exercise #2 Variations: {svara, ng, hA-T, hA-B} {1/2 @40BPM} Gamaka: Slide

S R G	S R G	R G P	R G P
G P D	G P D	P D S'	P D S'
S' D P	S' D P	D P G	D P G
P G R	P G R	G R S	G R S

Exercise #3 Variations: {svara, ng, hA-T, hA-B} {1/2/4 @60BPM} Gamaka: Plain

3	3	2	4	4
1 S R G	S R G	S R	S S R R	G G P P
2 R G P	R G P	R G	R R G G	P P D D
3 G P D	G P D	G P	G G P P	D D S' S'
4 S' D P	S' D P	S' D	S' S' D D	P P G G
5 D P G	D P G	D P	D D P P	G G R R
6 P G R	P G R	P G	P P G G	R R S S

Exercise #4 Variations: {svara, ng, hA-T, hA-B} {1/2 @40BPM} Gamaka: Slide

S R S G	R G R P	G P G D	P D P S'
S' D S' P	D P D G	P G P R	G R G S

Exercise #5 Variations: {svara, ng, hA-T, hA-B} {1/2 @40BPM} Gamaka: Slide

1 S R S G	R G R P	S P G R	S R G P
2 R G R P	G P G D	R D P G	R G P D
3 G P G D	P D P S'	G S' D P	G P D S'
4 S' D S' P	D P D G	S' G P D	S' D P G
5 D P D G	P G P R	D R G P	D P G R
6 P G P R	G R G S	P S R G	P G R S

Exercise #6 Variations: {svara, ng, hA-T, hA-B} {1/2/4 @60BPM} Gamaka: Plain

1 S R G P G R	S R G R	S R G P
2 R G P D P G	R G P G	R G P D
3 G P D S' D P	G P D P	G P D S'
4 S' D P G P D	S' D P D	S' D P G
5 D P G R G P	D P G P	D P G R
6 P G R S R G	P G R G	P G R S